

Menu is Subject to Change

## Shenandoah JK-8 Lunch Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Beef Taco  
Or  
Cheesy Chicken Burrito  
Refried Beans  
Bell Pepper Strips  
Lettuce Salad  
Apple Slices, Mandarin Oranges  
Doritos  
Choice of Milk

**5**

Fried Chicken  
Or  
Salisbury Steak  
Corn on the Cob  
Baby Carrots  
Peaches, Grapes  
Dinner Roll  
Choice of Milk

**6**

Tenderloin Sandwich  
Or  
Fish Sandwich  
Broccoli & Cheese  
Cucumber Slices  
Orange Wedges, Banana  
Jello  
Choice of Milk

**7**

Grilled Chicken Sandwich  
Or  
Hamburger on a Bun  
French Fries  
Fresh Veggie Mix & Dip  
Peaches, Banana  
Choice of Milk

**1**

**NO  
SCHOOL**

**2**

Chicken Patty Sandwich  
Or  
Hot Ham & Cheese Sandwich  
French Fries  
Fresh Broccoli & Carrots  
Mixed Fruit, Blueberries  
Choice of Milk

**12**

Spaghetti w/Meat Sauce  
Or  
Chicken Tenders  
Lettuce Salad w/Cherry Tomatoes  
Cucumber Slices  
Fresh Strawberries, Peaches  
Garlic Toast  
Choice of Milk

**13**

Chicken Fajita  
Or  
Cheese Calzone  
Tossed Salad  
Baby Carrots  
Grapes, Applesauce  
Pudding  
Choice of Milk

**14**

Chicken Alfredo  
Or  
Corn Dog Nuggets  
California Blend Vegetables  
Lettuce Salad w/Spinach  
Pears, Sidekicks  
Breadstick  
Choice of Milk

**8**

Stuffed Crust Pizza  
Or  
PBJ Uncrustable  
Green Beans  
Fresh Veggie Mix & Dip  
Pineapple, Applesauce  
Go-Gurt  
Choice of Milk

**9**

Hot Beef & Cheddar Sub  
Or  
Hot Dog on a Bun  
Baked Beans  
Fresh Veggie Mix & Dip  
Peaches, Apple  
Cheeto Puffs  
Choice of Milk

**15**

Pepperoni Pizza  
Or  
Crispitos  
Corn  
Lettuce Salad  
Melon, Pears  
Animal Crackers  
Choice of Milk

**16**

Macaroni & Cheese  
Or  
Chicken Nuggets  
Steamed Peas  
Fresh Veggie Mix & Dip  
Peaches, Mixed Berries  
Breadstick  
Choice of Milk

**19**

Chicken Bacon Sandwich  
Or  
Turkey & Cheese Sub  
French Fries  
Tossed Salad w/Cherry Tomatoes  
Pears, Fresh Fruit  
Choice of Milk

**20**

Pasta Bake  
Or  
Corn Dog Nuggets  
Green Beans  
Lettuce salad w/Spinach  
Orange Wedges, Apple Slices  
Ice Cream  
Choice of Milk

**21**

Orange Chicken  
Or  
Shrimp Poppers  
Rice Pilaf  
Fresh Broccoli, Cauliflower & Carrots  
Mandarin Oranges, Banana  
Dinner Roll  
Choice of Milk

**22**

French Bread Pizza  
Or  
Tator Tot Casserole  
California Blend Vegetables  
Cucumber Slices, Lettuce Salad  
Mixed Fruit, Strawberries  
Fruit Roll Up  
Choice of Milk

**23**

BBQ Rib Sandwich  
Or  
Hot Dog on a Bun  
Baked Beans  
Fresh Veggie Mix & Dip  
Pineapple, Applesauce  
Choice of Milk

**26**

Chicken Nuggets  
Or  
Meatloaf  
Mashed Potatoes & Gravy  
Baby Carrots  
Peaches, Grapes  
Dinner Roll  
Choice of Carrots

**27**

Pulled Pork Sandwich  
Or  
Cheeseburger  
Waffle Fries  
Lettuce Salad  
Fresh Veggie Mix & Dip  
Pears, Juicy Juice  
Choice of Milk

**28**

Chicken Noodle Casserole  
Or  
Cheese Nachos  
Lettuce Salad  
Green Beans  
Banana, Mandarin Oranges  
Cookie  
Choice of Milk

**29**

Cheese Filled Bosco Sticks  
Or  
Meatball Sub  
Corn  
Lettuce Salad, Baby Carrots  
Pineapple, Apple Slices  
Fruit Roll Up  
Choice of Milk

**30**

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